



# Optimistically Speaking

The Newsletter of the Optimist Club of Greater Vienna

September 2022

## Calendar

### Sept. 3 – Farmers Market

8 a.m. - noon

Musical guest:

*Art and Nancy Lisi*

### Sept. 10 – Farmers Market

8 a.m. - noon

Musical guest: *Katie and*

*Alyssa Morse*

### Sept. 14 - BOD meeting

7:30 p.m.

### Sept. 17 - Caboose open

1 - 5 p.m.

### Farmers Market

8 a.m. - noon

Musical guest: *Bill Rose and*

*Laurie Blue*

### Sept. 21 - Social

6:30 p.m.

Gary will send invite.

### Sept. 24 - Farmers Market

8 a.m. - noon

Musical guest: *Fiddlin' Willie*

*Band*



## News and Notes

Your August news kicks off with a big round of applause for the winners of our First Responder Awards and two outstanding Farmers Market roadies who I failed to mention last month. Mea culpa! I am sorry.

Vienna Volunteer Firefighter/EMT **Jaimie Gillespie** and Dunn Loring Volunteer Fire Department Sergeant **Richard Reisser** were recognized in a recent Zoom meeting by Chiefs **John Morrison** and **Shawn Stokes**, respectively. The chiefs nominated the individuals in part because of the number of volunteer hours the awardees served plus their willingness to work through the competency levels to become an EMT, firefighter, trainer, ambulance or fire engine driver, says **Susan Bauer**, Director of Community. Thank you, Susan, for coordinating the awards and everyone at the Vienna and Dunn Loring Fire Departments for helping us stay safe. Jaimie and Richard both received engraved plaques and gift certificates to Pazzo Pomodoro.

**Brian Isaac** and **Carl Cratzer** are key to our FM road crew, and now new Optimist **Rob Moreland** has joined the bunch. "Thanks to our new mixing board and PA speakers, the sound is better than ever," **John Andrews** reports. "More market customers (and small kids) are stopping to listen, dance and shop longer amongst our great vendors. With this new professional sound board, all our performers have been really pleased with our quality of sound and our mixing creativity. Keeping our artist(s) happy makes it fun for us optimist roadies to mix all these great bands," he adds.



Musical magicians Mickey Williams and John Andrews mixed it up for the Misfits August 20.



Serving the youth of greater Vienna for more than 65 years!

Visit us:

[www.OptimistClubofGreaterVienna.org](http://www.OptimistClubofGreaterVienna.org) or

[www.Facebook.com/ViennaOptimistClub](https://www.Facebook.com/ViennaOptimistClub)



From President Tom Bauer

*Greetings Fellow Optimists!*

Wow! The Optimist year 2021/2022 is coming to a close at the end of September. Hard to believe time flies so fast. We have a lot to be thankful for and to be proud of. We've put a lot of work in and have enjoyed the satisfaction of knowing that our efforts do make a difference in our community.

As most of you know, our Optimist brother Jim Pammel went to be with the Lord very recently. Susan and I attended the service on Monday, August 21st at Fairfax Memorial Park. Former member Al Dunkerley gave one of the eulogies which was very heartfelt. In addition to Al's association with Jim as an Optimist, he and Jim were bridge partners. He will be missed.

I attended the CapVA district meeting on Saturday and enjoyed talking with many fellow Optimists. The Great Falls club seems to have emerged from Covid in a more sustainable financial position than last year when our club made a donation to help keep them going. For those who may not know, T.R. Cook founded that club and maintained membership in our club as well until his health no longer permitted. One bright note: the District is only down 2 members for the year. Given the challenges with Covid, that stands as an accomplishment. Next up is our last social, which will be at our house, Covid-safely on the porch, September 21st at 6:30 pm. We'll have food and drinks and honor this year's Optimist of the Year. It will be a great time to catch up after the summer and review some of the highlights of our year. You will receive your invitation from Gary closer to that time.

Anybody have any ideas for this year's Halloween float? The theme is Time Machine: Vienna, past, present and future. Time is running out!

Please take the time to be one of the Optimist profiles. Contact Karen Yoon to participate.

*Optimistically,*  
*Tom*



Doors open at the Vienna Caboose from 1 - 5 p.m. on September 17, the same day the TOV's model train station will be open. Can you help? No experience necessary to welcome passengers of all ages, hand out old-fashioned train tickets, share information about what we do in the community, encourage people to become members, and return the smiles of happy visitors smiling at you. Sign up at the website or email [Dan Mulville](mailto:Dan.Mulville) if you are able to help. Thank you!

**Board of Directors 2021-2022  
Optimist Club of Greater Vienna**

President	Tom Bauer
Secretary, Acting	Susan Bauer
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VP, Community	HOW ABOUT YOU?
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Director of Print/Social Media	Karen Yoon
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Director of Youth	Ed Wonder
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**The Optimist Creed**

*Promise Yourself*

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

*Christian D. Larsen*

***It's baaack*** -- the TOV's Halloween Parade -- and we need your help! This year's parade will take place on Wednesday, October 26, and the theme is "Time Machine: Vienna: Past, Present, and Future". Based on these cute photos, stories about some great swing dancers (looking at you, **Brian** and **Monica Isaac**), and the many talents of **Dan Gropper**, **Sally O'Connell**, **Fritz Irwin**, and **Tom and Susan Bauer** (to name a few) who helped last year, the Club is bursting with creativity and a sense of fun! Please share your ideas for this year's float and how we can participate with Susan Bauer, Director of Community, soon. The DEADLINE for us to REGISTER is SEPTEMBER 16.



Fancy and fun! (l. to r.):  
**Susan Bauer**, **Anne Marie**  
**"Fritz" Irwin**, and **Monica Gomez Isaac**



Cool decorations



Members of the Madison Jazz Band

**Optimist Spotlight** -- *Rob Moreland, new member*



Q. Thank you so much, Rob, for participating in our Vienna Optimist profile spotlight, to help new and existing members learn a little more about one another. You are brand new to the Club! Welcome! When did you opt-in to become an Optimist and why?

A. I joined the Vienna Optimists in August, 2022, because I am looking forward to meeting new people, serving the community, and learning.

Q. Did you know anyone in the Club when you joined? And how?

A. I worked with Dan a few years ago at Madison HS Robotics Club.

Q. Do you live near any other Optimists?

A. Not sure.

Q. Fun fact about you?

A. I was once skinny.

Q. Favorite quote, book, person, or movie that inspires you?

A. "While you live, while it is in your power, be good." -- Marcus Aurelius

Q. When I'm not volunteering as an Optimist, you can find me . . .

A. Hopefully hiking in the mountains

Q. Personal strengths/superpowers?

A. Personal responsibility, hard work, self-reliance, and a positive attitude

Next month, we'll profile another member who joined in 2022; however, as a Farmers Market vendor, she may be a familiar face to you already -- the sparkly and talented Kelly Diamond.

We associate end-of-summer with kids going back to school -- but do you have a life-long love of learning? If so, congratulations! According to Ben Dean, Ph.D., "The benefits of loving to learn extend . . . through the working years and into retirement. Indeed, a love of learning may be particularly valuable during older age in that it may prevent cognitive decline. Research suggests that individuals who are able to develop and maintain interests later in life are likely to be more physically and mentally healthy than their less-engaged peers."

Read this and more from Dr. Dean at:

<https://www.authentic happiness.sas.upenn.edu/newsletters/authentic happiness coaching/learning>